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An Energy Primer

All life, including human beings, runs on energy. Let's consider energy sources. As a recent, self-inflicted, high blood sugar victim, I had to come to terms with my health/mortality. Abandoning sugar/most carbs (there are no essential human carbs), and the help of insulin (self-regulated) I gained back the 10 pounds I lost over 30 days, got my A1C down to 6 from 16.9, and my average blood sugar level from 500, to the 110s.

So, with a prospect of continuing my life, what have I learned? All human energy depends on sugar. The pancreas provides a powerful insulin to control blood sugar spikes associated with meals, and the remainder is stored in the liver for distribution, as needed. When (in my case), the *pastry tab* for a carb/sugar junkie came due, a worn-out pancreas ceased to produce insulin and there was little storage left in the liver.

That's the basics. Maybe, if major organs are given a rest, they come back on line? If that happens, only small amounts of fast/slow acting endogenous insulin are needed.

Let's use my example as an analogy for energy, economy, and life. We live in a world where currency is created through credit, and credit is debt—a claim on energy, and energy is the product of work. Consequently the health of an economy depends on physical and mental work.

Money is a claim on work because nothing gets done without energy. And currency, brought into being by credit (debt), depends on future energy available to redeem work claims. Now, with a national debt beyond \$40T, there is doubt as to whether or not the energy will exist to service/pay-off those work claims—and therein lies our situation/problem.

Consider supply/demand for oil. No one buys oil for oil—oil is used (refined), to make the products of life, without which life is unsustainable. There are other forms of energy, wood, coal, nuclear, wind/solar, but the life we've come to know depends on oil.

Think of energy in terms of supply and demand. If demand is a constant, now reduced because of increased costs of war with Iran, the price of oil becomes more expensive—and consequently the price of life. And no amount of jawboning from leaders intent on carrying out their own irrational policies, changes that reality.

In fact, the amount that self-serving leaders can affect markets using lies is also the measure of how dumb a body politic has become. In the case of Americans, that measure shows a body politic dumbed-down as never before. One where it should be obvious that gold and silver is the play—to have and to hold. Instead, the price of gold and silver drop.

What about the oil reserve? The oil reserve is not the measure—supply is the measure. The US, cut-off from Iranian/Gulf oil faces supply issues that no amount of stolen Venezuelan oil can make up for. Now, with Canada alienated, the prospects are even worse.

The idea that the US is energy independent is false. The US produces abundant energy because of fracking technology, involving the last remnants of US oil, deep beneath the earth. When that's gone there is no more.

Because the US works on a short timeline, profit motive, we are raking in bucks from LNG sales to nations that have had their access to energy destroyed by the US. How does that play-out? Just watch and see.

Most of the world awaits imminent elections. Russia in 3 weeks. Then the EU. And 2 months from now—the US midterm election. The problem for the US is that Trump's war on Iran is not supported by Americans and anything he does to perpetuate that war reduces his support, to the point that his numbers increase slightly, doing nothing.

But he can't do nothing because Iran controls Hormuz, and doing nothing reduces supply which raises pump prices prior to election. US oil reserves, used to hold down gas prices are almost gone—leaving Trump in a place that he has to do something. So, he makes limited attacks, with limited armaments on Iran, to which Iran responds—with force.

Yesterday, Iran responded to a Trump attack by going after US bases in Jordan (last US sanctuary in the Gulf?), attacking marine barracks, airfields and aircraft. Adding to that, nations lining-up in support of solidarity with Iran have become many—and they are no longer withholding support. Putin's latest declaration shows strong solidarity with Iran. Same from China. Even India is allowing a wedge to be driven in its US alliance.

So, what is Trump to do? His main military advisor resigned, face to face, and has joined the JD Vance bid for the presidency. Don Jr's numbers are falling and Trump's prospects for holding the Senate and House is in great jeopardy. Were he to lose both (he just might), he is toast. In a bid to quiet things down, he loses MAGA followers.

Trump is desperate, which unfortunately means anything is possible. He invites Russia (anathema for the EU nations), to the G20. That's the other thing to consider here—both sides of the US aisle hate Russians, and nothing serves them better than NATO conducting murder of Russian civilians.

But that comes with consequence. Putin has begun destroying Ukraine electrical grids and infrastructure, along with Black Sea ports. Also, train routes/terminals delivering weapons from Poland are now being decimated.

Where does this go from here? The US is a dying empire, producing little the world wants. The US is the most indebted nation in history, with no prospects for hanging onto unipolar power. And the person least aware of the actual facts may be Donald Trump?

The earth's political and economic axis is shifting such that before long it will be apparent that the prattle of Bessent, the racist hatred of Hegseth, the ignorance of Trump's cabinet, along with Trump's narrow and confused mind, will be on display for the world to see.

For Americans, how will the transfer of power unfold? If the democrats take the House/Senate, Trump is a lame-duck president, with an unfortunate consequence of ceding power back to the globalist left. If Trump holds the Senate, will he (with his delusions of power), continue attempts to subject a non-compliant world to his whims?

Selling the world on a notion that the Chinese/BRICS model is just the same old colonialism that is the US, that Putin won't stop until he rules Europe, and that Iran, rather than the US and Israel, is a terrorist nation, are notions that are becoming threadbare.

The fact is—neither the US nor the world can continue on without the energy that comes through the Strait of Hormuz, and short of nuclear war—the Strait is off-limits to anyone not recognized by Iran. That means us.

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